

DINING + OUT

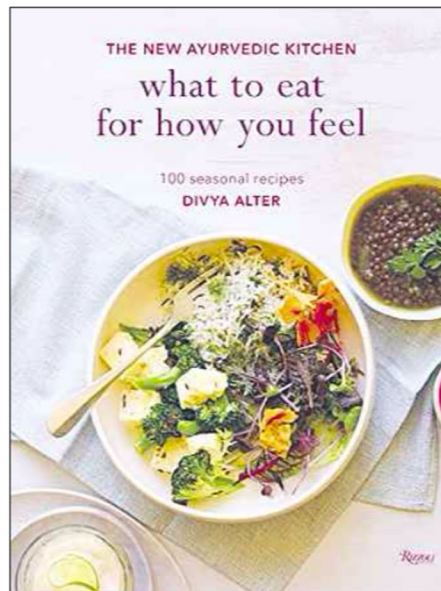
NOW YOU'RE **COOKING**

NYC chefs share
tricks of the trade

BY MEREDITH DELISO

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Spring is cookbook season, and there's plenty of inspiration to find. From ayurvedic to vegan, burgers to eggs, get cooking with these new releases from NYC restaurants, chefs and more.



**'What to Eat for How You Feel:
The New Ayurvedic Kitchen'**

By Divya Alter

The owner of the ayurvedic East Village restaurant Divya's Kitchen offers 100 vegetarian recipes organized by season.

Out now, \$39.95